Monday 2/3	Tuesday	Wednesday	Thursday	Friday
Health-9	Health-9	Health-9	Health-9	Health-9
No school	Standards	<u>Standards</u>	<u>Standards</u>	Standards
	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that	10.1.12.A—Evaluate factors that
	impact growth and development	impact growth and development	impact growth and development	impact growth and development
	during adulthood and late	during adulthood and late	during adulthood and late	during adulthood and late
	adulthood.	adulthood.	adulthood.	adulthood.
	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that	10.1.12.B—Evaluate factors that
	impact the body systems and	impact the body systems and	impact the body systems and	impact the body systems and
	apply protective/preventive	apply protective/preventive	apply protective/preventive	apply protective/preventive
	strategies.	strategies.	strategies.	strategies.
	10.1.12.E—Identify and analyze	10.1.12.E—Identify and analyze	10.1.12.E—Identify and analyze	10.1.12.E—Identify and analyze
	factors that influence the	factors that influence the	factors that influence the	factors that influence the
	prevention and control of health	prevention and control of health	prevention and control of health	prevention and control of health
	problems.	problems.	problems.	problems.
	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care	10.2.12.A—Evaluate health care
	products and services that	products and services that impact	products and services that	products and services that
	impact adult health practices.	adult health practices.	impact adult health practices.	impact adult health practices.
	10.2.12.B—Assess factors that	10.2.12.B—Assess factors that	10.2.12.B—Assess factors that	10.2.12.B—Assess factors that
	impact adult health consumer	impact adult health consumer	impact adult health consumer	impact adult health consumer
	choices.	choices.	choices.	choices.
	10.2.12.C—Analyze the impact	10.2.12.C—Analyze the impact of	10.2.12.C—Analyze the impact	10.2.12.C—Analyze the impact
	of violence on the victim and the	violence on the victim and the	of violence on the victim and the	of violence on the victim and the
	surrounding community.	surrounding community.	surrounding community.	surrounding community.
	<u>Objectives</u>	<u>Objectives</u>	<u>Objectives</u>	<u>Objectives</u>
	Students will be able to explain	Students will be able to describe	Students will be able to define	Students will be able to define
	how self-esteem impacts various	3 communication styles; define	self-actualization and emotion;	defense mechanisms; identify
	components of health; define	empathy and active listening;	identify Maslow and describe the	specific defense mechanisms
	integrity; describe concerns with	explain how good communication	hierarchy of needs.	and describe how they can look
	low self-esteem; explain how	relates to self-esteem and good	Assignment In class—Notes & discussion	in real life.
	self-respect and values impact self-esteem.	mental health.	Take home & return-None	Assignment In class—Notes & discussion
		Assignment In class—Notes & worksheet		Take home & return—None
	Assignment In class—Notes & discussion	Take home & return—None	Upcoming event	
	Take home & return—None		None	Upcoming event None
		Upcoming event None		NUTIE
	Upcoming event None	NUTIE		
PE-11		PE-11		PE-11
No school		Standards		Standards
		10.4.12.A—Evaluate and engage		10.4.12.A—Evaluate and
		in an individualized physical		engage in an individualized
		activity plan that supports		physical activity plan that
		activity plan that supports		physical activity plan that

		achievement of personla fitness and activity goals and promotes life-long participation.		supports achievement of personla fitness and activity goals and promotes life-long
		10.4.12.D—Evaluate factors that		participation.
		affect physical activity and		10.4.12.D—Evaluate factors that
		exercise preferences of adults.		affect physical activity and
		10.4.12.E—Analyze the interrelationships among regular		exercise preferences of adults. 10.4.12.E—Analyze the
		participation in physical activity,		interrelationships among regular
		motor skill improvement, and the		participation in physical activity,
		selection and engagement in		motor skill improvement, and the
		lifetime physical activities.		selection and engagement in
		10.5.12.A—Apply knowledge of		lifetime physical activities.
		movement, movement skills, skill-		10.5.12.A—Apply knowledge of
		related fitness, and movement		movement, movement skills,
		concepts to identify and evaluate		skill-related fitness, and
		physical activities that promote		movement concepts to identify
		personal lifelong participation.		and evaluate physical activities
		10.5.12.B—Incoroporate and		that promote personal lifelong
		synthesize knowledge of motor		participation.
		skill development concepts to		10.5.12.B—Incoroporate and
		improe the quality of motor skills.		synthesize knowledge of motor
		10.5.12.C—Evaluate the impact		skill development concepts to
		of practice strategies on skills		improe the quality of motor skills.
		development and improvement.		10.5.12.C—Evaluate the impact
		10.5.12.F—Analyze the		of practice strategies on skills
		application of game strategies for		development and improvement.
		different categories of physical		10.5.12.F—Analyze the
		activities.		application of game strategies
		Objectives/Assignment Students will engage in team		for different categories of physical activities.
		handball activities.		Objectives/Assignment
		Upcoming event		Students will engage in team
		None		handball activities.
		Hono		Upcoming event
				None
PE-8	PE-8	PE-8	PE-8	PE-8
No school	<u>Standards</u>	Standards	<u>Standards</u>	Standards
	10.4.9.A—analyze and engage	10.4.9.A—analyze and engage in	10.4.9.A—analyze and engage	10.4.9.A—analyze and engage
	in physical activities that are	physical activities that are	in physical activities that are	in physical activities that are
	developmentall/individually	developmentall/individually	developmentall/individually	developmentall/individually
	appropriate and support	appropriate and support	appropriate and support	appropriate and support

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achievement of personal fitne	achievement of personal fitness	achievement of personal fitness	achievement of personal fitness
and activity goals.	and activity goals.	and activity goals.	and activity goals.
10.4.9.D—Analyze factors th		10.4.9.D—Analyze factors that	10.4.9.D—Analyze factors that
affect physical activity	affect physical activity	affect physical activity	affect physical activity
preferences of adolescents.	preferences of adolescents.	preferences of adolescents.	preferences of adolescents.
10.4.9.E—Analyze factors the		10.4.9.E—Analyze factors tha	10.4.9.E—Analyze factors tha
impact the relationship betwe		impact the relationship between	impact the relationship between
regular participation in physic		regular participation in physical	regular participation in physical
activity and motor skill	activity and motor skill	activity and motor skill	activity and motor skill
improvement.	improvement.	improvement.	improvement.
10.5.9.A—Describe and appl		10.5.9.A—Describe and apply	10.5.9.A—Describe and apply
the components of skill-relate		the components of skill-related	the components of skill-related
fitness to movement	fitness to movement	fitness to movement	fitness to movement
performance.	performance.	performance.	performance.
10.5.9.B—Describe and appl		10.5.9.B—Describe and apply	10.5.9.B—Describe and apply
concepts of motor skill	concepts of motor skill	concepts of motor skill	concepts of motor skill
development that impact the	development that impact the	development that impact the	development that impact the
quality of increasingly comple	ex quality of increasingly complex	quality of increasingly complex	quality of increasingly complex
movement.	movement.	movement.	movement.
10.5.9.C—Identify and apply	10.5.9.C—Identify and apply	10.5.9.C—Identify and apply	10.5.9.C—Identify and apply
practice strategies for skill	practice strategies for skill	practice strategies for skill	practice strategies for skill
improvement.	improvement.	improvement.	improvement.
10.5.9.F—Describe and appl	y 10.5.9.F—Describe and apply	10.5.9.F—Describe and apply	10.5.9.F—Describe and apply
game strategies to complex	game strategies to complex	game strategies to complex	game strategies to complex
games and physical activities		games and physical activities.	games and physical activities.
Objectives/Assignment	Objectives/Assignment	Objectives/Assignment	Objectives/Assignment
Students will engage in team		Students will engage in team	Students will engage in team
handball activities.	handball activities.	handball activities.	handball activities.
Upcoming event	Upcoming event	Upcoming event	Upcoming event
None	None	None	None